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**Active packaging containing nisin and high pressure processing as
post-processing listericidal treatments for convenience fermented
sausages**

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21 **Abstract**

22 *L. monocytogenes* was inoculated on the surface of sliced fermented sausages with no
23 added sodium salt. The pathogen was progressively inactivated during the product shelf
24 life (90 days). Antimicrobial packaging of fermented sausages with PVOH films
25 containing nisin induced a more pronounced reduction of *L. monocytogenes* counts
26 during refrigerated storage. HPP alone (600 MPa, 5 min, 12°C) had no antimicrobial
27 effect against *L. monocytogenes* at the studied conditions. Combination of HPP with
28 antimicrobial packaging did not produce any extra protection against *L. monocytogenes*
29 compared to antimicrobial packaging alone. The lack of effect of HPP on *L.*
30 *monocytogenes* was attributed to a protective effect exerted by the low water activity of
31 the product and its lactate content. These results reflect that antimicrobial packaging
32 with the inclusion of nisin as a natural antimicrobial could be considered as an effective
33 method to reduce the levels of *Listeria monocytogenes* in sliced fermented sausages
34 with no added sodium salt.

35

36 *Keywords: fermented sausages, antimicrobial packaging, nisin, high pressure*
37 *processing, L. monocytogenes*

38

39 **1. Introduction**

40

41 Fermented sausages are generally considered stable and low-risk products as a
42 consequence of a combination of hurdles, whose interaction inactivate or prevent the
43 growth of undesired microorganisms present in the product (Leistner & Gorris, 1995).
44 The development of meat products with reduced or no added sodium salt could alter this
45 sequence of hurdles and could have a negative effect on food safety. Therefore, the
46 development of reduced salt meat products would require changes in product
47 formulation and/ or application of post-processing technologies that provide additional
48 hurdles to pathogen growth in order to assure food safety.

49 Although there have been major gains over the last decade in reducing contamination of
50 ready-to-eat (RTE) meat products, *Listeria monocytogenes* continues to be a major
51 concern for food safety (Batz, Hoffmann & Morris, 2011). The prevalence of *L.*
52 *monocytogenes* in European industries manufacturing fermented sausages has been
53 extensively documented both in the product and the equipment (Thévenot et al., 2005,
54 Talon et al, 2007, De Cesare et al 2007, Martin et al., 2011). Investigations of Italian
55 and Spanish industries showed a prevalence of *L. monocytogenes* in fermented sausages
56 of about 15% among the studied samples (De Cesare et al 2007, Martin et al., 2011).
57 The prevalence of *L. monocytogenes* in fermented sausages, together with the increased
58 number of listeriosis cases (19.1% increase in 2009 in respect to 2008) that present a
59 high case fatality ratio of 16.6 % (European Food Safety Authority, 2011) reflect the
60 importance to assure *L. monocytogenes* inactivation in RTE meat products that will not
61 be processed prior to its consumption.

62 Antimicrobial packaging has been proposed as an alternative to post-packaging
63 operations to improve RTE products safety. The main benefit of applying antimicrobial
64 compounds through packaging rather than direct addition in the food matrix is due to an
65 increased antimicrobial efficiency. The localization of the antimicrobial compound on
66 the surface of the slices, where contamination can occur, together with a lower
67 inactivation by adsorption of the antimicrobial to the food constituents may explain its
68 improved efficiency (Aasen, Markussen, Moretro, Katla, Axelsson & Naterstad, 2003).
69 Natural antimicrobials such as nisin have proved to be effective against microbial
70 growth when added to the food products through packaging systems (Coma, Sebti,
71 Pardon, Deschamps & Pichavant, 2001; Ercolini et al., 2010; Hereu, Bover-Cid, Garriga
72 & Aymerich, 2012). Nisin has been shown to be effective in a number of food systems,

73 inhibiting the growth of a wide range of Gram-positive bacteria, including foodborne
74 pathogens such as *L. monocytogenes* (Benkerroum & Sandine, 1988; Brewer, Adams &
75 Park, 2002; Ukuku & Shelef, 1997).

76 High-pressure processing (HPP) improves safety and to extend the shelf life of RTE
77 food products because is capable of inactivating microorganisms and endogenous
78 enzymes, while maintaining nutrients and flavours (Ross, Griffiths, Mittal & Deeth,
79 2003). Overall, HPP inflicts lethal and/ or sublethal injuries on microorganisms, mainly
80 due to membrane damage (Kalchayanand, Sikes, Dunne & Ray, 1998). Sublethally
81 injured cells are more susceptible to antimicrobial compounds (Kalchayanand, Sikes,
82 Dunne & Ray, 1994).

83 In this context, the aim of the present work was to study the behaviour of *L.*
84 *monocytogenes* inoculated on sliced fermented sausages with no added sodium salt
85 obtained with the QDS® (Quick-Dry-Slice) system (Arnau, Serra, Comaposada, Gou &
86 Garriga, 2007) and to assess the combined effect of antimicrobial packaging and high
87 pressure processing (HPP) used as post-processing listericidal treatment.

88

89 **2. Materials and methods**

90

91 *2.1. Product description*

92 Sliced fermented sausages with no added sodium salt dried with the Quick Dry Slice
93 (QDS®) process were kindly provided by Casademont, S.A. (Sant Gregori, Spain). The
94 additives added to the product were: potassium lactate, ascorbic acid, dextrose, lactose,
95 aroma, gluco delta-lactone, species, potassium chloride, tetrapotassium pyrophosphate,
96 colorant (cochineal carmine), potassium nitrite, potassium nitrate. Composition of
97 fermented sausages used in this study is shown in Table 1.

98 Briefly, lyophilized *Lactobacillus sakei* and *Staphylococcus carnosus* (Bactoferm F-SC-
99 111, Christian Hansen, Hoersholm, Denmark) were used as starter culture. The sausages
100 were fermented for 48-72 h at 22°C until the desired pH was reached. After
101 fermentation the sausages were frozen, sliced and dried with the QDS® process, a
102 continuous system based on convective drying of slices (Arnau et al., 2007).

103

104 *2.2. Nisin solution*

105 A saturated solution of nisin was obtained by dissolving 0.4 g/ml of Nisaplin®
106 (Danisco, Copenhagen, Denmark) in sterile distilled water. After mixing the solution
107 was allowed to rest overnight. The solution was centrifuged for 30 s at 5,000 rpm, after

108 centrifugation a three phase solution was obtained. The active fraction of the mixture
109 was recovered after discarding the precipitate and the upper liquid phase.

110

111 2.3. Bacteriocin assay

112 The indicator strains, *L. monocytogenes* CTC1011 (serovar 1/2c), CTC1034 (serovar
113 4b) and CECT 4031 (serovar 1a) were separately grown overnight in Tryptic Soy Broth
114 with 0.6% yeast extract (TSBYE; Merck, Darmstadt, Germany) at 37°C and mixed
115 together in equal proportions. Nisin activity was quantified by the agar spot test (Tagg,
116 Dajani & Wannamaker, 1976). A solid agar base composed of 20 g/l beef extract, 20 g/l
117 glucose, and 15 g/l agar, was used to support soft TSBYE (TSBYE with 7.5 g/l agar)
118 seeded with 20 µl of the overnight cocktail strain of *L. monocytogenes*. Nisin solutions
119 were serially twofold diluted with 50mM phosphate buffer, pH 6. A 10 µl sample of
120 each dilution was spotted onto soft TSBYE lawn. The plates were incubated overnight
121 at 37°C. An arbitrary unit (AU) was defined as the highest dilution showing growth
122 inhibition of the indicator lawn, and nisin solution activity was expressed as AU/ml.

123 The activity of the concentrated solution of nisin was 409,600 AU/ml.

124

125 2.4. Film manufacturing

126 Film forming solutions were obtained as suggested by Del Nobile, Piergiovanni,
127 Buonocore, Fava, Puglisi & Nicolais (2003) with some modifications. A 13% (w/v)
128 solution of fully hydrolyzed polyvinyl alcohol (Elvanol® 90-50, kindly provided by
129 DuPont™) in distilled water was dissolved for 20 min in an autoclave at 121 °C. After
130 measuring the volume of the film blend, the active solution was obtained by adding 1%
131 of the concentrated solution of nisin (409,600 AU/ml) to obtain a concentration of 450
132 AU/cm². The films were manufactured by pouring 7 ml of the prepared solutions onto
133 sterile polystyrene dishes, and were dried for 10h under laminar flow in a biological
134 safety cabinet (BIO-IIA; Telstar, Terrassa, Spain). After solvent evaporation, the films
135 were stripped directly from the dishes.

136 The thickness of the films was measured by means of a Digimatic Micrometer
137 (Mitutoyo, Japan). The value of the film thickness was obtained by averaging 10
138 measurements. The films obtained had an average thickness of 108±15 µm.

139 Antimicrobial activity against *L. monocytogenes* of nisin containing films was verified
140 *in vitro* by placing a 1 cm diameter film sample on the surface of solid agar base and
141 TSBYE soft agar plates seeded with an overnight mixture of *L. monocytogenes* as

142 described in the previous section. Agar plates were incubated at 37 °C overnight and
143 antimicrobial activity of films was observed as a zone of inhibition of the indicator
144 strains around the films.

145

146 *2.5. Sample preparation and high-pressure processing*

147 Fermented sausage slices were inoculated with 5×10^5 cfu/g of a 3-strain cocktail of *L.*
148 *monocytogenes* (CTC1011, CTC1034 and CECT 4031). Fermented sausage slices were
149 placed between two films and packed under vacuum in polyamide-polyethylene bags
150 (Sacoliva, Castellar del Vallès, Spain). Two independent batches were prepared:
151 fermented sausage slices packed with control PVOH films (C), and slices packed with
152 PVOH films containing nisin (N).

153 Within each batch, half of the samples were kept as non-treated controls (NT) and half
154 were pressurized (HPP) at 600 MPa for 5 min at an initial fluid temperature of 12 °C.
155 HPP was carried out in an industrial hydrostatic pressurisation unit (Wave 6000/120 I,
156 NC Hyperbaric, Burgos, Spain). The come up time was 181 s and the release was
157 almost immediate (<6 s).

158 Vacuum packed samples were stored at 4°C for 7 days, trying to reproduce storage
159 conditions in the manufacturer facilities. Afterwards samples were stored at 12°C until
160 the end of the shelf life 90 days, trying to reproduce the worst case scenario of storage
161 conditions in consumers' refrigerators.

162 The experiment was replicated in two independent trials.

163

164 *2.5. Physico-chemical analysis*

165 The pH was measured directly in the samples using a Crison penetration 52-32
166 electrode connected to a Crison Basic 20 pH-meter (Crison Instruments S.A., Alella,
167 Spain). The mean of three measurements was recorded for each sample. Water activity
168 was measured with a water activity meter AquaLab™ Series 3 (Decagon Devices, Inc.,
169 Pullman, WA, USA).

170 Nitrate and nitrite contents were evaluated with a segmented continuous-flow
171 Autoanalyzer II sampler (Technicon Ltd. Dublin, Ireland) by methods US-230-72A, as
172 recommended by the manufacturer.

173 Three different samples were analysed at each sampling time.

174

175 *2.6. Microbiological analysis*

176 Sampling was performed at days 0, 1 (after HPP), 7, 14, 30, 60, and 90 during the shelf
177 life of sliced fermented sausages. At each selected time, 25 g of fermented sausages
178 were 10-fold diluted in sterile LEB broth (Oxoid, Hampshire, UK). The solution was
179 homogenized for 1 min in a Masticator (IUL S.A., Barcelona, Spain). After appropriate
180 dilutions, enumeration of *Listeria monocytogenes* was performed by spread plating on
181 Chromogenic *Listeria* agar (Oxoid Ltd., Basingstoke, England) incubated at 37 °C for
182 48-72 h. To improve the detection limit to 4 cfu/g, 2.5 ml of the 1/10 dilution was
183 spread on a 14 cm diameter plate. Lactic Acid Bacteria (LAB) and *Enterobacteriaceae*
184 enumeration was done by plating in MRS agar (Merck) incubated in anaerobiosis at
185 30°C for 72 h and VRBD agar (Merck) at 30 °C for 24 h, respectively.
186 Three different samples were analysed at each sampling time.

187

188 2.8. Statistical analysis

189 Data were subjected to analysis of variance using the general linear model procedure
190 from the SAS statistical package (SAS System for Windows, Release 8.2, SAS Institute,
191 Cary, NC, USA).

192 The model included batch, storage time, and their interaction as fixed effects. The trial
193 was included in the model as a block effect. Differences between effects were assessed
194 by the Tukey test ($P < 0.05$).

195

196 3. Results and discussion

197

198 *Physico-chemical characteristics*

199 Twenty-four hours after packaging, the water activity (a_w) of the studied fermented
200 sausages was 0.885 ± 0.005 and the pH was 5.61 ± 0.02 . According to these values, *L.*
201 *monocytogenes* would not be able to grow in this product type as its growth threshold is
202 around a water activity of 0.93 (ICMSF, 1996). However, the pathogen would be able to
203 survive during the product shelf-life, if post-processing contamination occurred.

204 Table 2 shows the a_w and pH values of fermented sausages at days 1, 15 and 90 of
205 refrigerated storage. As expected, no important changes on a_w or pH values were
206 observed throughout storage.

207 The studied treatments (active packaging and HPP) had no or little effect on the a_w and
208 pH values of fermented sausages (Table 2). Only HPP produced a significant increase of

209 pH values in fermented sausages packed with nisin containing films on days 1 and 15 of
210 storage which agrees with pressure induced increases of pH values observed in raw
211 meat (Macfarlane, McKenzie & Turner, 1982; Macfarlane, 1985; McArdle, Marcos,
212 Kerry & Mullen, 2010). It has been attributed to a decrease in available acidic groups in
213 the meat as a result of conformational changes associated with protein denaturation
214 (Mandava, Fernandez & Juillerat, 1994). Nevertheless, the changes induced during
215 fermentation and curing processes lead to protein denaturation and product stabilisation
216 and would reduce pressure induced changes in cured products. No further differences on
217 pH values among batches were observed ($p>0.05$).

218 On the other hand, no differences on the a_w values of fermented sausages were observed
219 among batches throughout storage ($p>0.05$).

220

221 *L. monocytogenes* behaviour

222 Antimicrobial activity of polyvinyl alcohol films was determined *in vitro* on a TSBYE
223 lawn seeded with *L. monocytogenes*. Control PVOH films showed no antimicrobial
224 activity, while nisin containing films showed clear inhibition zones.

225 *L. monocytogenes* was inoculated to levels of 5×10^5 cfu/g on the surface of the
226 fermented sausages. The pathogen was inactivated to some extent by all studied
227 treatments during the product shelf life (Figure 1). Control non-treated samples (C NT)
228 showed a decrease of 2.23 log cfu/g of the pathogen at the end of the study, suggesting
229 that the physico-chemical characteristics of the product favoured a reduction of the
230 population of *L. monocytogenes* throughout storage in this product with no added
231 sodium salt. The low water activity, as well as the presence of nitrite in the formulation
232 could have favoured the reduction of *L. monocytogenes* at the studied conditions
233 (Duffy, Vanderlinde & Grau, 1994; Junttila, Hirn, Hill & Nurmi, 1989; Marcos,
234 Aymerich & Garriga, 2005). Moreover, the content of lactate in the fermented sausage
235 formulation (21.9 g/kg) could have exerted an antimicrobial effect against *L.*
236 *monocytogenes*. Although sodium lactate is quite effective lowering the a_w of food
237 products, it has been demonstrated that its antimicrobial activity is mainly due to a
238 “specific solute (lactate ion) effect” rather than to lowering the a_w (Chen & Shelef,
239 1992; Houtsma, Kant-Muermans, Rombouts & Zwietering, 1996).

240 Antimicrobial packaging of fermented sausages with PVOH films containing nisin (N
241 NT) induced a more pronounced reduction of *L. monocytogenes* counts during the 90

242 days of refrigerated storage (Figure 1). N NT samples showed counts 1.4 log cfu/g
243 lower than C NT at the end of the fermented sausages shelf life. Similarly, Hereu,
244 Bover-Cid, Garriga & Aymerich (2012) observed final concentrations of *L.*
245 *monocytogenes* 1 log unit lower than the control batch in dry-cured hams (a_w of 0.88)
246 packed with PVOH films containing a concentration of nisin of 200 AU/cm². In another
247 study, antimicrobial films of polyamide/polyethylene embedded with 200 AU/cm² of
248 nisin and 1.8% sodium lactate induced a 1.9 log decrease of *L. monocytogenes*
249 population in cooked ham (Jofré, Garriga & Aymerich, 2007). Although the final result
250 would be similar to the present study, the different nature of the meat product that was
251 cooked ham which is able to support the growth of the pathogen resulted in a very
252 different behaviour of the pathogen during refrigerated storage. The effectiveness of
253 antimicrobial packaging is dependent on the type of food packed, the film forming
254 polymer and the type and concentration of antimicrobial that will determine the release
255 rate and therefore the antimicrobial efficiency.

256 Fermented sausages were pressurised for 5 min at 600 MPa. After HPP (day 1), no extra
257 inactivation of *L. monocytogenes* was observed in C HPP compared to the other
258 treatments (Figure 1). Actually, no differences in *L. monocytogenes* counts ($p>0.05$)
259 were observed between C NT and C HPP samples throughout storage, suggesting that
260 HPP alone had no listericidal effect at the studied conditions.

261 Considering the proved efficiency of HPP to inactivate *L. monocytogenes*, these results
262 are concerning from a safety point of view. It has been observed that the inactivation
263 rates of HPP are strongly dependent on the *L. monocytogenes* strains tested (Patterson,
264 Mackle & Linton, 2011; Youart, Huang, Stewart, Kalinowski & Legan, 2010).
265 However, the studied strains have proved to be sensitive to HPP (600MPa, 5 min, 13°C)
266 in previous studies in dry-cured ham (Stollewerk, Jofré, Comaposada, Arnau & Garriga,
267 2012). Therefore, it seems that the lack of effect of HPP on *L. monocytogenes* would be
268 more related to a protective effect exerted by the food composition. The composition of
269 the food matrix has proved to have a great influence on the lethality of a pressure
270 treatment. Specifically, the a_w is a food property that strongly influences the inhibitory
271 effect of HPP. Low values of a_w protect microorganisms against pressure induced
272 inactivation (Smelt, 1998). The influence of a_w on the antilisterial effects of HPP
273 became evident in a study by Hereu et al. (2012) who reported differences of 2 log cfu/g
274 in the inactivation of *L. monocytogenes* present in two types of dry-cured ham with
275 significant differences on a_w values (0.92 and 0.88). Another factor influencing HPP

276 efficiency is the presence of lactate in the product formulation. The protective effect of
277 lactate is in part related to its capacity of lowering the a_w of the product. However, the
278 mode of action is still not fully understood, as it has proved to have a protective effect
279 against pressure induced inactivation of *L. monocytogenes* even in high water activity
280 products such as cooked ham (Marcos, Jofré, Aymerich, Monfort & Garriga, 2008).
281 Sliced fermented sausages packed with nisin containing films and submitted to HPP (N
282 HPP) experienced a reduction of *L. monocytogenes* counts of 4.57 log cfu/g throughout
283 refrigerated storage. At the end of the product shelf life, *L. monocytogenes* levels were 2
284 log units lower than in the control batch (C NT). However, combination of HPP with
285 antimicrobial packaging (N HPP) did not produce any extra protection against *L.*
286 *monocytogenes* compared to antimicrobial packaging alone (N NT, Figure 1). These
287 results do not agree with previous observations that reported a synergism between HPP
288 and bacteriocin inactivation of *L. monocytogenes* (Arqués, Rodriguez, Gaya, Medina &
289 Nuñez, 2005; Kalchayanand, Hanlin & Ray, 1992; Marcos et al., 2008). Sublethal
290 injuries would facilitate the access of nisin to the cytoplasm membrane as a result of cell
291 wall permeabilisation (ter Steeg, Hellemons & Kok, 1999). From these results it seems
292 that the protective effect against HPP exerted by the low a_w and the presence of lactate
293 would have prevented not only lethality against *L. monocytogenes* but also sublethal
294 injuries.

295

296 *Enterobacteriaceae* behaviour

297 The levels of *Enterobacteriaceae* in meat products are an indicative of improper
298 hygienic conditions. The control of *Enterobacteriaceae* growth in fermented sausages is
299 important to prevent quality defects such as the formation of off-flavours and the
300 production of biogenic amines, such as diamines putrescine and cadaverine (Garriga,
301 Hugas, Gou, Aymerich, Arnau & Monfort, 1996; Maijala, Eerola, Lievonen, Hill &
302 Hirvi, 1995; Suzzi & Gardini, 2003).

303 The evolution of *Enterobacteriaceae* population during refrigerated storage of
304 fermented sausages is shown in Figure 2. Initial levels of *Enterobacteriaceae* were 1.54
305 \pm 0.23 log cfu/g.

306 Non-pressurised samples showed a significant decrease from initial levels from day 60
307 in C NT and day 30 in N NT ($p < 0.01$). It is well known that *Enterobacteriaceae* hardly
308 grow in the hostile environmental conditions of low water activity, high salinity, and

309 low pH values created in fermented sausages (Lizaso, Chasco & Beriain, 1999; Lücke,
310 1986). However, inactivation of *Enterobacteriaceae* during the whole shelf life of the
311 product could only be prevented with HPP (Figure 2). Pressurisation (600 MPa, 5 min,
312 12°C) of sliced fermented sausages induced an immediate reduction of
313 *Enterobacteriaceae* counts (day 1). As other Gram-negative bacteria,
314 *Enterobacteriaceae* has proved to be sensitive to HPP in cured meat products (Latorre-
315 Moratalla, Bover-Cid, Aymerich, Marcos, Vidal-Carou & Garriga, 2007; López-
316 Caballero, Carballo & Jiménez-Colmenero, 2002; Rubio, Martinez, Garcia-Cachan,
317 Rovira & Jaime, 2007).
318 Besides, no effect of active packaging was observed against *Enterobacteriaceae*
319 population ($p>0.05$).
320 No significant differences among batches were observed at the end of the shelf life. All
321 treatments led to a decrease of *Enterobacteriaceae* population below the detection limit
322 (10 cfu/g) from day 60 and until the end of storage.

323

324 *Lactic acid bacteria behaviour*

325 Initial lactic acid bacteria (LAB) counts in fermented sausages were 5.83 ± 0.33 log
326 cfu/g. Figure 3 shows the decrease of LAB counts during the shelf life of all studied
327 batches ($p<0.001$).

328 Non-pressurised batches (C NT and N NT) showed a 1 log unit reduction of LAB
329 population throughout storage. On the other hand, pressurised batches (C HPP and N
330 HPP) showed reductions of about 2.4 log units at the end of storage.

331 In the control batch (C HPP), the effect of HPP on LAB was not detected immediately
332 after pressurisation (day 1). On the contrary, N HPP allowed an immediate reduction of
333 1 log cfu/g of LAB after HPP. C HPP showed a reduction of LAB population from day
334 30 of refrigerated storage (Figure 3) reaching the same levels of reduction than N HPP
335 at the end of the shelf life. Although no immediate inactivation of LAB was detected
336 after HPP in C HPP batch, sublethal injuries caused by HPP would end up in a
337 reduction of the population in a hostile environment with reduced a_w such as the studied
338 fermented sausages.

339 The behaviour of LAB after a HHP treatment has been observed to be dependent on the
340 strain and the food matrix. In agreement with the present study, no recovery of LAB
341 was found in pressurized dry-cured ham and beef loin during 120 days of storage at 4°C

342 (Jofré, Aymerich, Grèbol & Garriga, 2009). While Garriga, Grèbol, Aymerich, Monfort
343 & Hugas (2004) reported the ability of endogenous LAB present in cooked ham to
344 recover after a 600 MPa treatment during the storage of the product at 4°C. Inactivation
345 of LAB by HPP could have a negative effect on food safety and quality if HPP was
346 performed before ripening (Marcos et al 2005). However, pressure induced inactivation
347 of LAB would have a minor impact on food safety and quality when HPP is applied as a
348 post-processing technology, when fermented sausages are stable due to their a_w values.

349

350 **Conclusions**

351 Sliced fermented sausages with no added sodium salt obtained with the QDS® process
352 proved to be products not able to support *L. monocytogenes* growth. However, the
353 pathogen would be able to survive during the product shelf-life, if post-processing
354 contamination occurred. Antimicrobial packaging with the inclusion of nisin as a
355 natural antimicrobial could be considered as an effective method to improve the safety
356 of sliced fermented sausages with no added sodium salt obtained with the QDS®
357 process.

358 *L. monocytogenes* was able to survive to high pressure processing (600 MPa, 5 min,
359 12°C) due to the conditions of the product under study of low water activity and
360 presence of lactate in its formulation. Therefore, HPP could not be considerate an
361 appropriate treatment to reduce *L. monocytogenes* in the type of fermented sausage
362 under study.

363 These results reflect the impact of the food matrix on the effectiveness of post-
364 processing technologies, highlighting the importance of validating novel technologies
365 using food products with the exact formulation to be commercialised.

366

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375

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535 **Table 1.** Composition of sliced dry-fermented sausages (QDS®) with no added sodium salt.

Protein (%)	20
Fat (%)	20
Moisture (%)	40
Carbohydrates (%)	6
Sodium (%)	0.13
Nitrites (KNO ₂ , mg/kg)	6
Nitrates (KNO ₃ , mg/kg)	130
¹ Potassium lactate (g/kg, 77.8% purity)	28.15

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¹Added amount.

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541 **Table 2.** pH and water activity values during the shelf life of dry-fermented sausages (QDS®)
 542 with no added sodium salt.

543

	batch	time (days)		
		1	15	90
<i>pH</i>	C NT	5.70±0.04 ^{ab}	5.60±0.04 ^b	5.58±0.01
	C HPP	5.72±0.03 ^{ab}	5.69±0.02 ^{ab}	5.63±0.03
	N NT	5.66±0.04 ^b	5.64±0.03 ^b	5.60±0.01
	N HPP	5.75±0.04 ^a	5.75±0.05 ^a	5.59±0.02
	<i>p</i>	<0.05	<0.01	NS
<i>aw</i>	C NT	0.879±0.006	0.880±0.010	0.883±0.004
	C HPP	0.879±0.002	0.876±0.001	0.884±0.002
	N NT	0.878±0.008	0.887±0.001	0.883±0.002
	N HPP	0.876±0.005	0.888±0.008	0.887±0.005
	<i>p</i>	NS	NS	NS

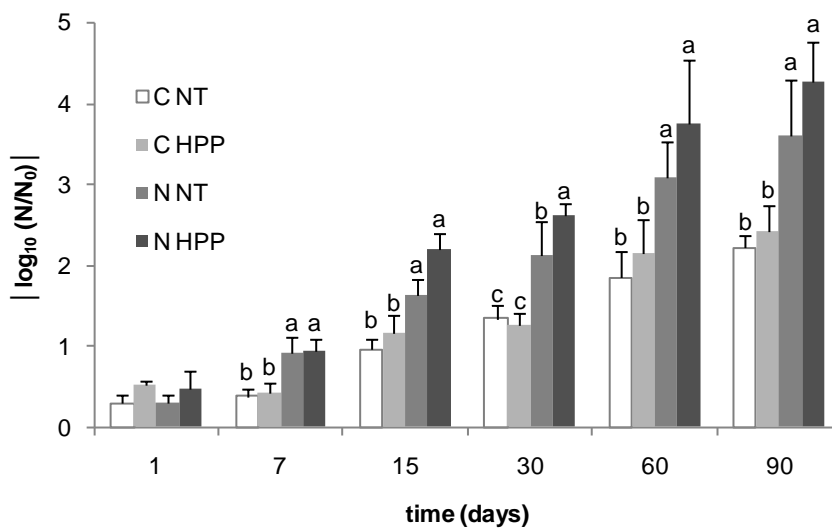
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545 C: control, N: nisin, NT: non-treated, HPP: high pressure processing, *a_w*: water activity, NS: p>0.05.
 546 Results are means of six replicates. Different letters within a column indicate significant
 547 differences among treatments.

548

549 **Figure 1.** Inactivation of *L. monocytogenes* during the shelf life of sliced dry-fermented
 550 sausages (QDS®) with no added sodium salt. $|\log_{10} N/N_0|$ gives the absolute value of the level
 551 of inactivation, where N is the *L. monocytogenes* count at each time point, and N_0 is the
 552 inoculated level (5×10^5 CFU/g). C: control, N: nisin, NT: non-treated, HPP: pressurised (600
 553 MPa, 5 min, 12°C). Values are means \pm standard deviation of six replicates. Different letters
 554 within a sampling day mean significant differences among batches ($p < 0.0001$).

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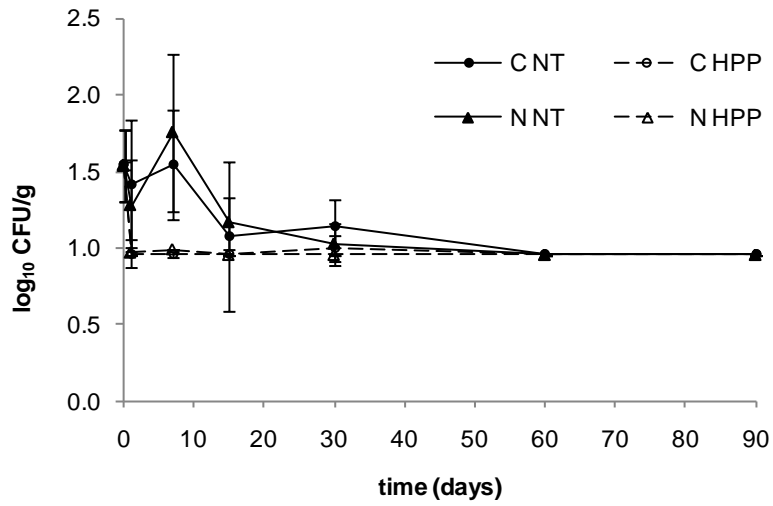


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558 **Figure 2.** Behaviour of *Enterobacteriaceae* during the shelf life of sliced dry-fermented
559 sausages (QDS®) with no added sodium salt packed with C (control) and N (nisin) polyvinyl
560 alcohol films as interleaves. NT: non-treated; HPP: high pressure processing (600 MPa, 5 min,
561 12 °C). Values are means \pm standard deviation of six replicates.

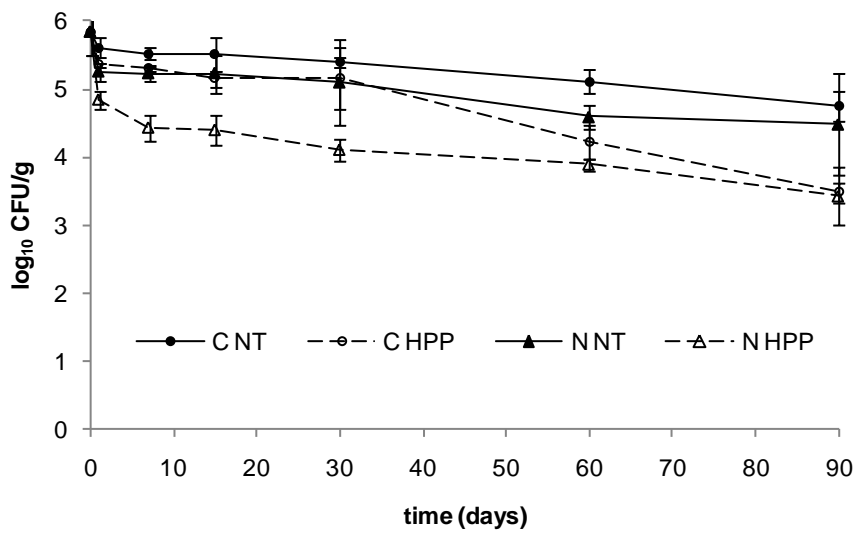
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565 **Figure 3.** Behaviour of lactic acid bacteria during the shelf life of sliced dry-fermented sausages
566 (QDS®) with no added sodium salt packed with C (control) and N (nisin) polyvinyl alcohol films
567 as interleaves. NT: non-treated; HPP: high pressure processing (600 MPa, 5 min, 12 °C). Values
568 are means \pm standard deviation of six replicates.



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